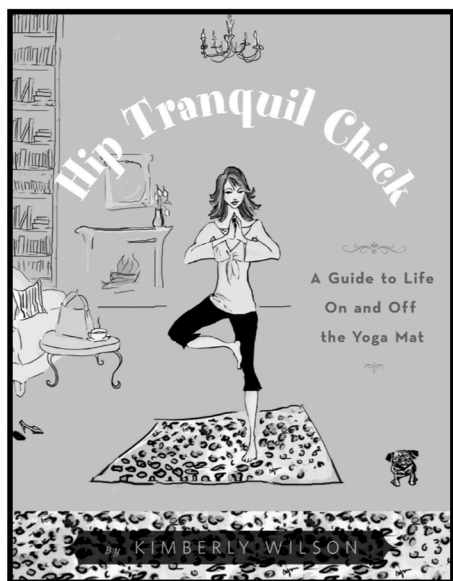


Kimberly Wilson



Hip Tranquil Chick:

*A Guide to Life On and Off
the Yoga Mat*

Keep Those New Year's Resolutions! Hip Tranquil Chick ("hip-tra[n]g]-kw&l-'chik), n., A woman who weaves her practice of yoga and love of all things fabulous into a hip and tranquil lifestyle. A hip tranquil chick juggles a busy life with grace, gives of her resources, puts her best face (and foot) forward, nurtures herself with compassionate care, exudes her signature style, and lights up the room with her presence. She weaves all of these great characteristics rolled into one fun-loving, chic, and conscious chick!

**Wednesday,
Feb. 21 • 7PM**

at Olsson's — Crystal City

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