

Make daily dress-up tranquil with a few timeless essentials that mix and match.

10 pieces

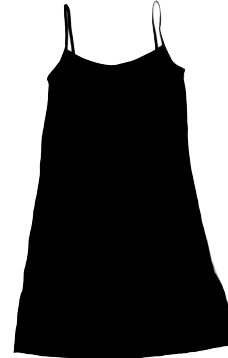
1 – blazer



2 – long sleeve full skirt wrap dress



3 – slip dress



4 – 2in1 fitted



5 – boyfriend tank



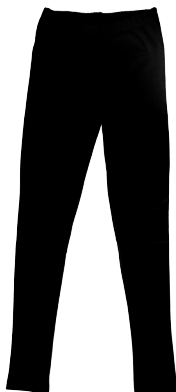
6 – skirt dress



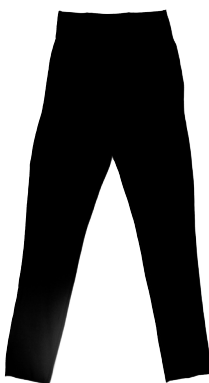
7 – long sleeve wrap tunic



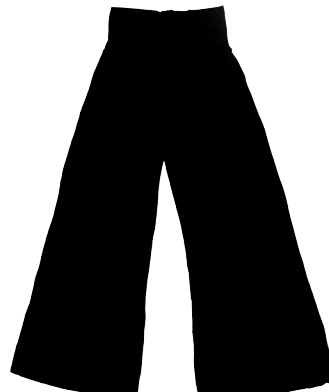
8 – legging



9 – skinny pant



10 – palazzo pant



TIPS:

Going monochromatic offers a chic look, ensures everything matches, and makes travel easy. Top with a colorful scarf, strands of faux pearls, vintage earrings, red lips, and a dab of parfum.

TranquilIT.com/capsule



Tranquil Travel Tips

1. Wear your bulkiest items when you travel
2. Roll your clothing
3. Pack products that serve multiple purposes such as Dr. Bronners, shampoo/soap, and body/face moisturizer



4. Pack versatile pieces that can be worn in multiple ways such as a skirt that can also be a dress
5. Choose pieces that mix and match
6. Think layers to handle a temperature flux



Tranquil Travel Clothing {2 weeks}

- ☐ swimsuit
- ☐ five pairs undies
- ☐ two bras
- ☐ three pairs of versatile shoes
- ☐ five neutral-colored pants and/or shorts
- ☐ three neutral-colored dresses and/or skirts
- ☐ five neutral-colored tops
- ☐ sun hat or beanie {depending on weather}
- ☐ one-two colorful scarves
- ☐ one coat/jacket
- ☐ socks and/or tights

Tranquil Travel Tools

- ☐ thin travel yoga mat
- ☐ scented candle and lighter
- ☐ earplugs
- ☐ parfum
- ☐ eye pillow or eye mask
- ☐ assortment of favorite teas
- ☐ healthy snacks {almonds, dried mango, protein bars}
- ☐ reusable water bottle
- ☐ pain reliever pills
- ☐ journal and pen
- ☐ camera and/or smartphone
- ☐ chargers
- ☐ travel-size toiletries: soap, shampoo, conditioner, deodorant, moisturizer
- ☐ razor and tweezers
- ☐ band-aids
- ☐ face oil, mascara, lipstick
- ☐ slippers
- ☐ travel-size packet of detergent
- ☐ headphones
- ☐ passport
- ☐ books
- ☐ travel guides